



**FAMILIES. RESEARCH.  
CLINICS. COMMUNITY.**

WITH YOU FOR THE JOURNEY.

# coloring book



**This book is made just for YOU—brothers, sisters, and friends of kids with Angelman syndrome!**

**This book shows what everyday life is like with Angelman syndrome.**

**Meet Seth, Sophie, and Victoria who tell their story.**



**Seth has Angelman syndrome, and that means he:**

- Has trouble walking
- Does not use words to talk
- Learns in his own way



**Angelman syndrome is a genetic condition that affects how the brain sends and receives messages in the body.**



**Want to learn more about Angelman syndrome? Visit [Angelman.org](https://www.angelman.org).**

This coloring and activity book was created by the Angelman Syndrome Foundation (ASF). Illustrations were developed with the help of generative AI and thoughtfully reviewed and refined by ASF staff and contracted designers to ensure accuracy, inclusivity, and alignment with our community.



This is Seth and his family.



Draw your family in the  
picture frame.



Sophie, Seth and Victoria  
have the best time at the  
playground.





Sophie enjoys helping  
Seth try new things.

  
**angelman**  
SYNDROME FOUNDATION



Victoria and Seth learn in  
different ways, but they still do  
their schoolwork together.





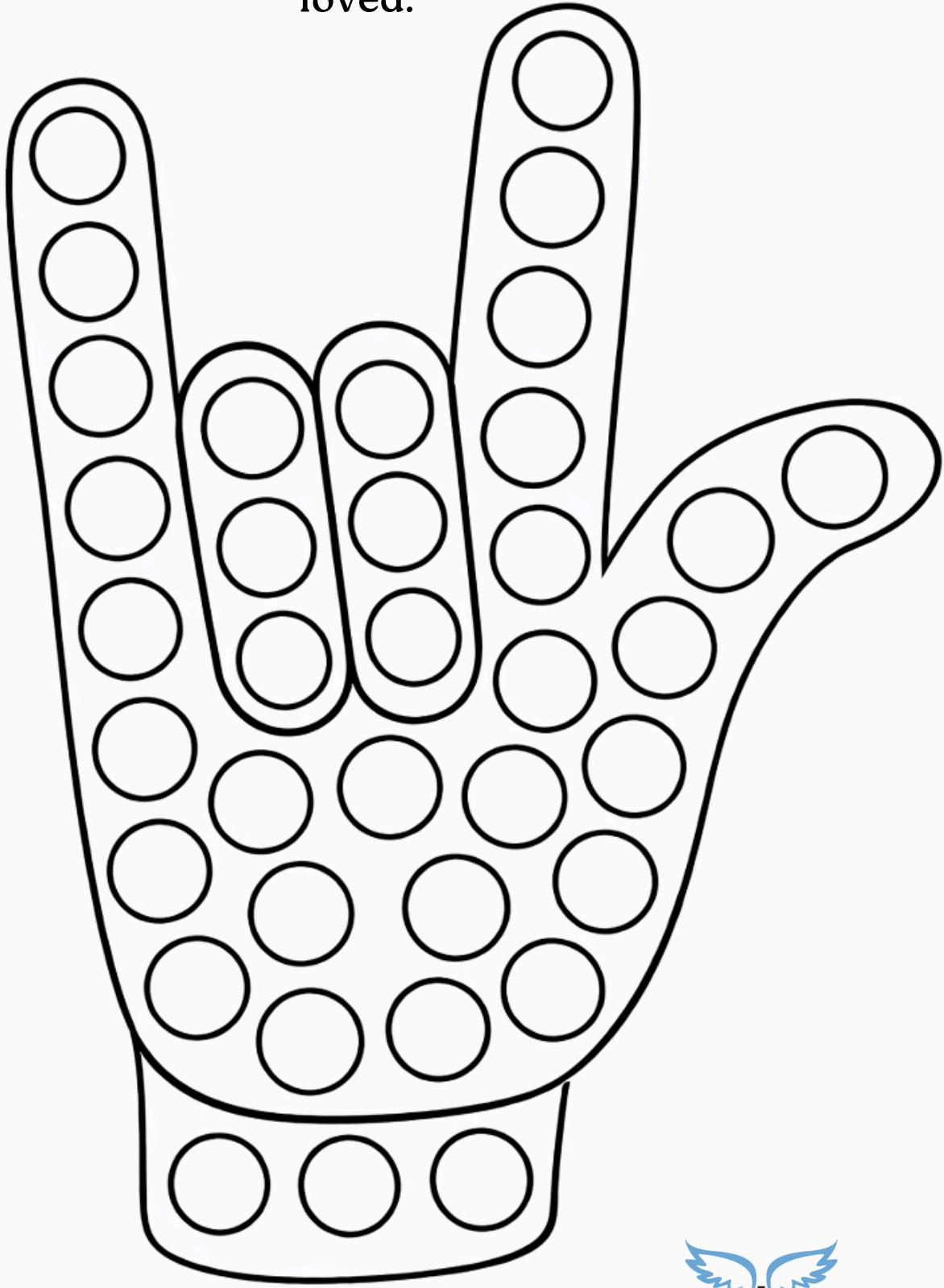
Seth loves going to music therapy  
with Miss Autumn and his friend,  
Jillian.



## DOT MARKER ACTIVITY



This means I LOVE YOU in American Sign Language. Don't forget that you are very loved.

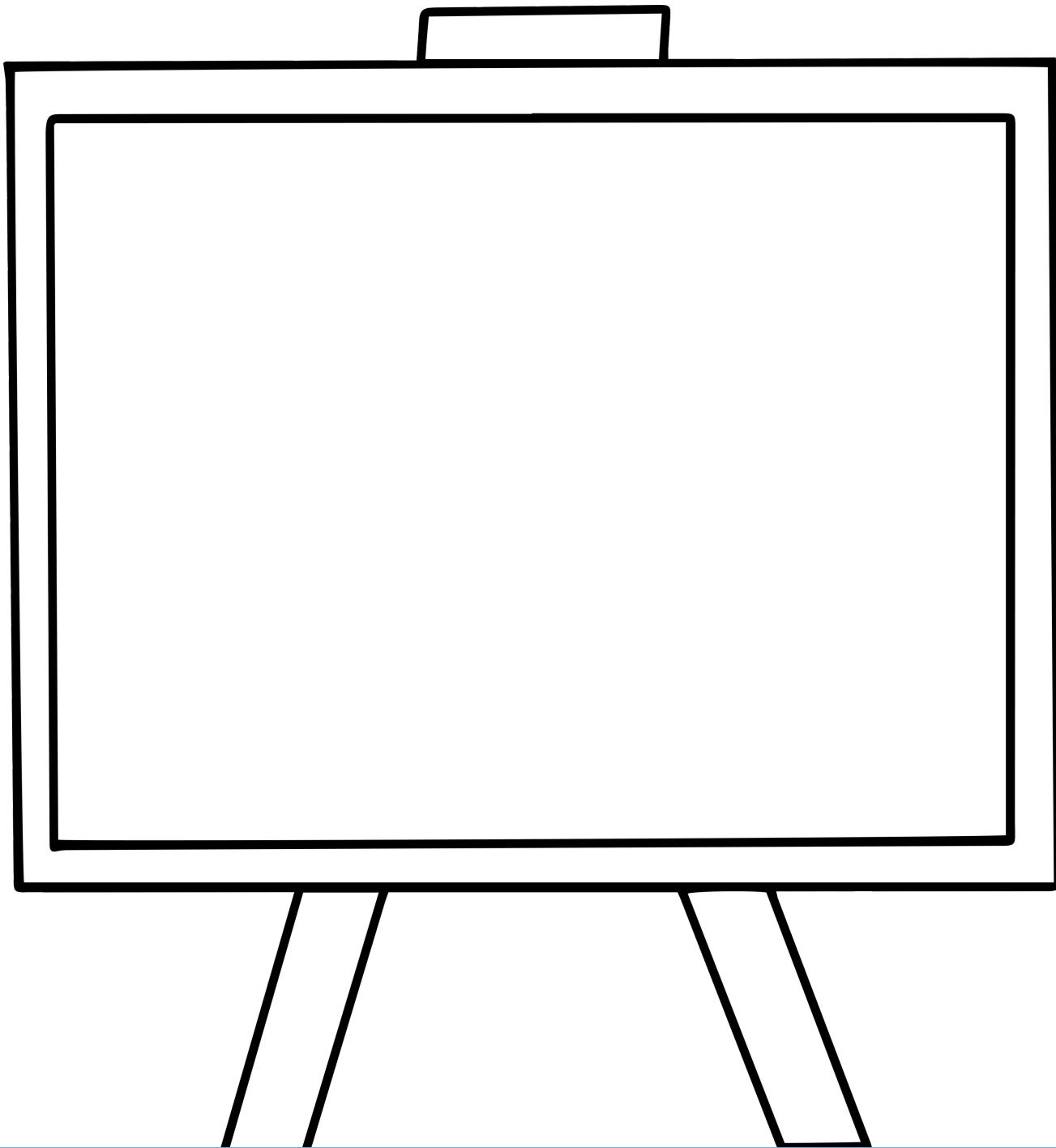




A new activity Seth's family does together is bike ride. The ASF Family Fund granted Seth an adaptive bike.

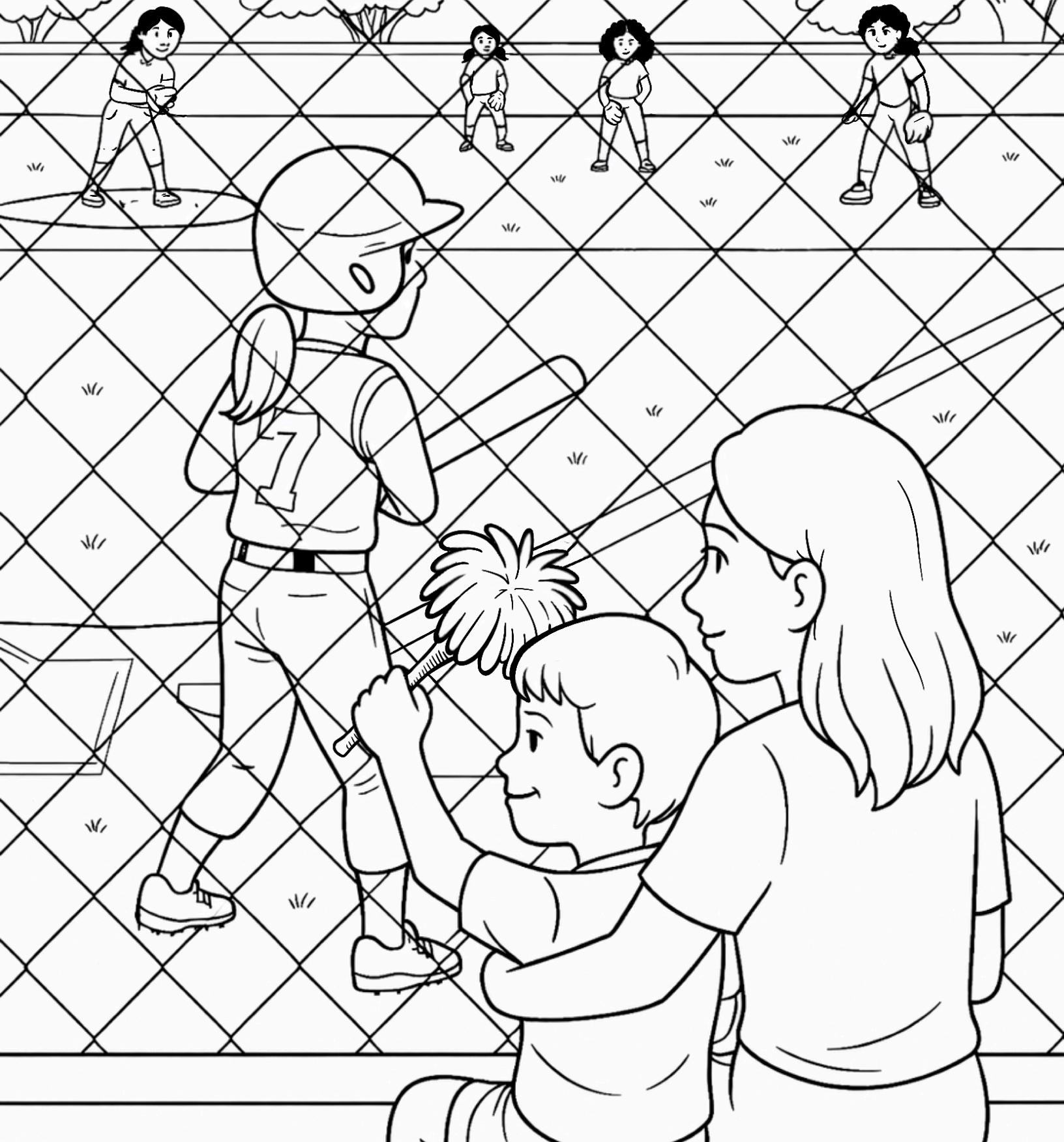


## DRAW YOUR OWN PICTURE



What is one new activity you  
could try with your loved one  
with Angelman syndrome?





It is nice for Seth to show up and cheer at Victoria's games. But, sometimes he can be distracting or loud.



Hair pulling makes Victoria feel upset. She talks to Sophie about how she is feeling. It's ok to have mixed feelings about Angelman syndrome.



It can be frustrating when Seth  
pulls Sophie's glasses off.





I feel happy when \_\_\_\_\_.



\_\_\_\_\_ makes me feel embarrassed.



I feel loved when \_\_\_\_\_.



I feel mad because \_\_\_\_\_.



\_\_\_\_\_ makes me excited.



I feel confused about \_\_\_\_\_.



I get sad because \_\_\_\_\_.



It's really silly when \_\_\_\_\_.

# THERAPY SERVICES



Seth attends many therapies each week. Sometimes grandma drives Seth and Victoria tags along.



**Mom and Dad remind Sophie and Victoria  
that we should keep smiling through  
hospital stays. Hospital stays are hard.**

# DR. ZEBRA PAPER DOLL

Color, cut, and assemble Dr. Zebra and their accessories!



# DR. ZEBRA PAPER DOLL ACCESSORIES

## TRY THIS!

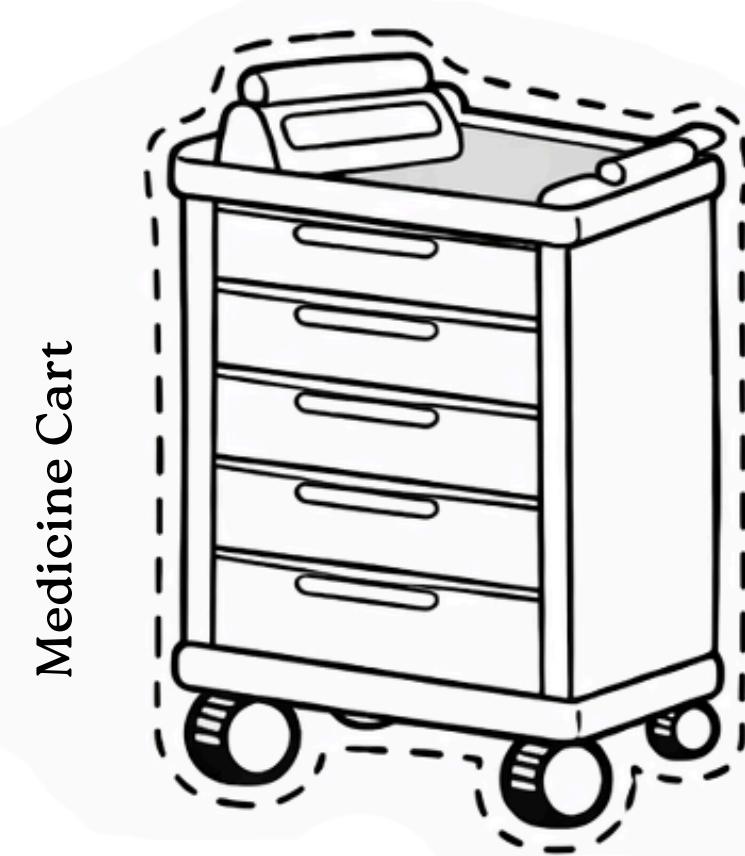
Sit down for a pretend interview with Dr. Zebra. Ask questions, share ideas, and talk about doctor visits, hospitals, and how doctors help people.



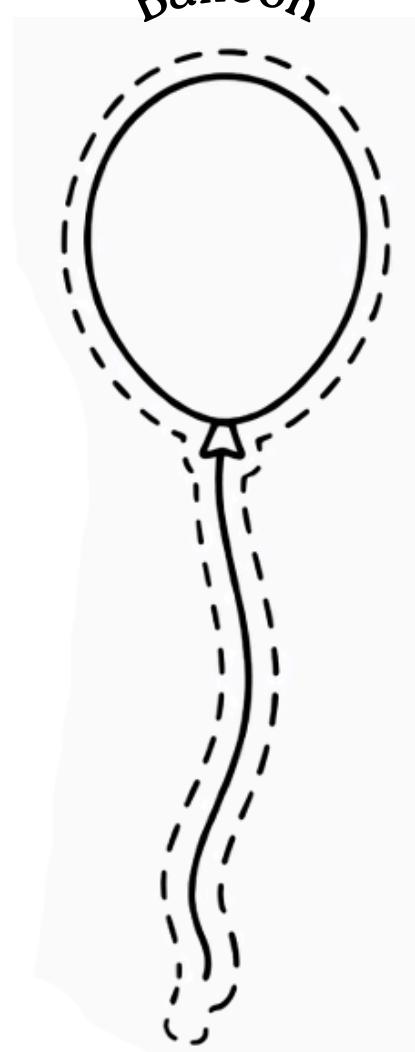
Scrub Cap



Thermometer



Medicine Cart



Balloon



Seth has a special bed that  
Victoria helps zip him into. His  
bed keeps him safe at night.





Seth has a hard time leaving activities he enjoys. His sisters try to cheer him up.



Every year Seth's family goes to the fair together. The fair is so much fun!





Seth participates in gym class at school with friends.



On our first plane ride, I sat in front of my brother's seat. That way if he kicked the seat it was mine and not someone who might get angry and not understand.



Seth enjoys cupcakes and parties with his friends. Seth can be messy when he eats, but that's ok. Messes can be cleaned up.

# WORD SEARCH

U J L X A A N G E L M A N C W P E W O F  
I H R I S R W V H F A K J O X K I A B O  
W L A N F U M J X J N E C T Y Y J C E H  
J P V C Q N Q F A M I L Y P C H W S D B  
M O W L L I P L A Y G R O U N D H F S B  
S B L U W Q U E U J X F L C N H G Y X B  
I Y P D W U R E Y C Z F I T N L W U M N  
B N B E X E L U C H P R L P S Z O P I R  
L B I D W L K L N E K I Y R Q S V R L L  
I V K H U F T D Z E R E Z G A M E S A W  
N S E U L P S G U R T N W B L L S V D R  
G Z M G H K K D N I D D U Z F Q D W W Z  
K J O N N S A P C N I S A B A X J N B H  
J S V W H E T Z B G X A D A P T V X U A  
P R I H P S E H K L D A D V E N T U R E  
S I E Y C H B V A Y M N J N M L R F B A  
X R R N J U O V S E R V E A S Q U L D J  
W M J I S M A P M D M F X W H J C R I D  
X I X Z X H R K W C B I P E T E W T G X  
E M O J I S D X D Y N P V S F A U W I N

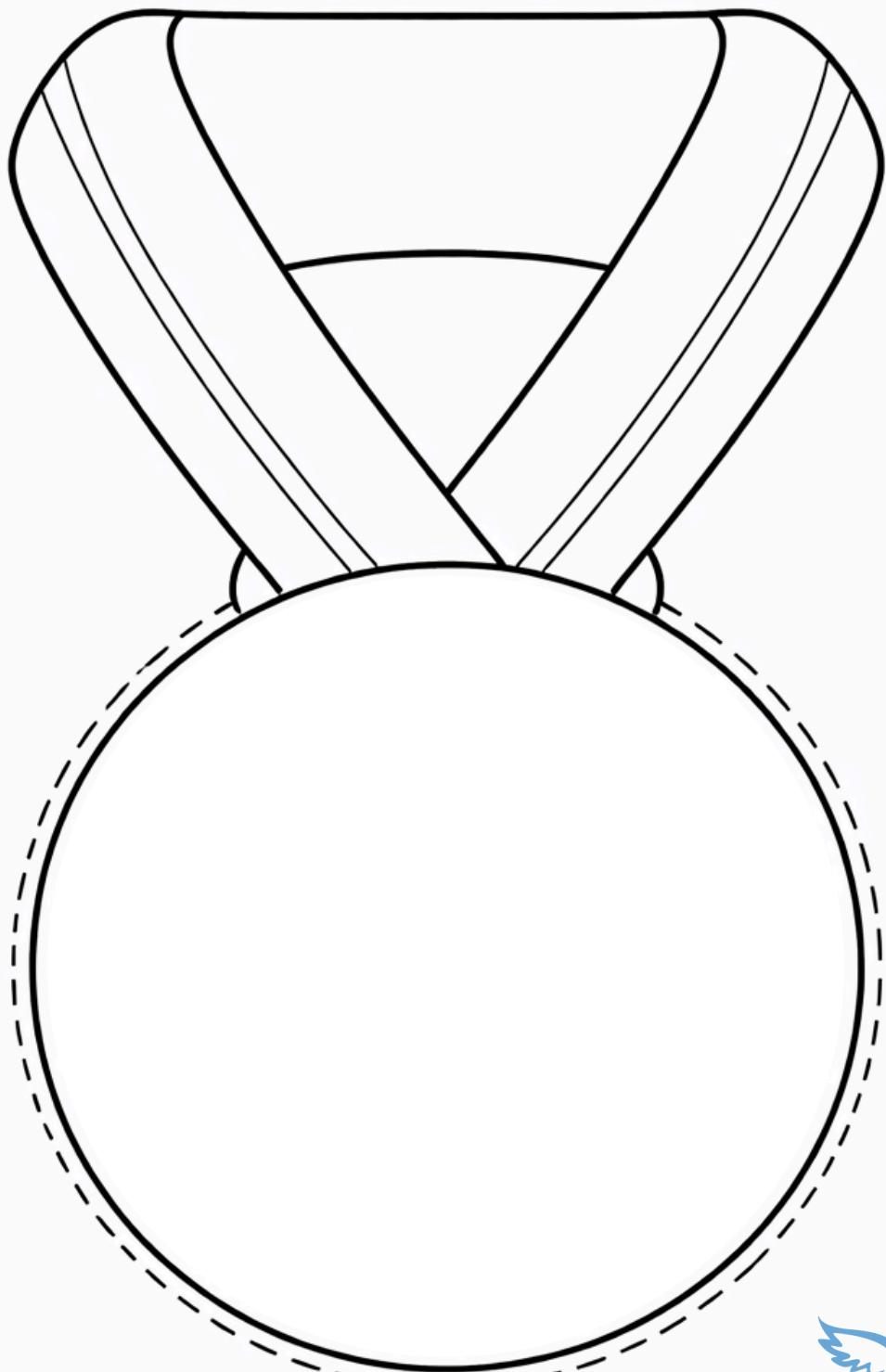
Playground  
Adventure  
Bike  
Angelman  
Cheering  
Sibling

Pet  
Include  
Family  
Unique  
Hug  
Emojis

Movie  
Adapt  
Games  
Friend

# **SOMEONE WITH ANGELMAN SYNDROME THINKS YOU ARE SUPER!**

Color and cut your own medal.  
Wear it proudly!





I feel loved when I get an  
Angelman hug.





[angelman.org](http://angelman.org)