



**FAMILIES. RESEARCH.
CLINICS. COMMUNITY.**

WITH YOU FOR THE JOURNEY.

coloring book



This book is made just for YOU—brothers, sisters, and friends of kids with Angelman syndrome!

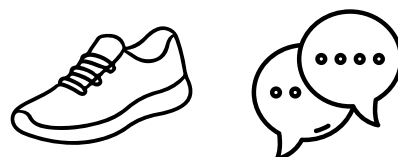
This book shows what everyday life is like with Angelman syndrome.

Meet Seth, Sophie, and Victoria who tell their story.



Seth has Angelman syndrome, and that means he:

- Has trouble walking
- Does not use words to talk
- Learns in his own way



Angelman syndrome is a genetic condition that affects how the brain sends and receives messages in the body.



Want to learn more about Angelman syndrome? Visit [Angelman.org](https://angelman.org).

This coloring and activity book was created by the Angelman Syndrome Foundation (ASF). Illustrations were developed with the help of generative AI and thoughtfully reviewed and refined by ASF staff and contracted designers to ensure accuracy, inclusivity, and alignment with our community.



This is Seth and his family.



Draw your family in the picture frame.



Sophie, Seth and Victoria
have the best time at the
playground.



Sophie enjoys helping
Seth try new things.



Victoria and Seth learn in different ways, but they still do their schoolwork together.



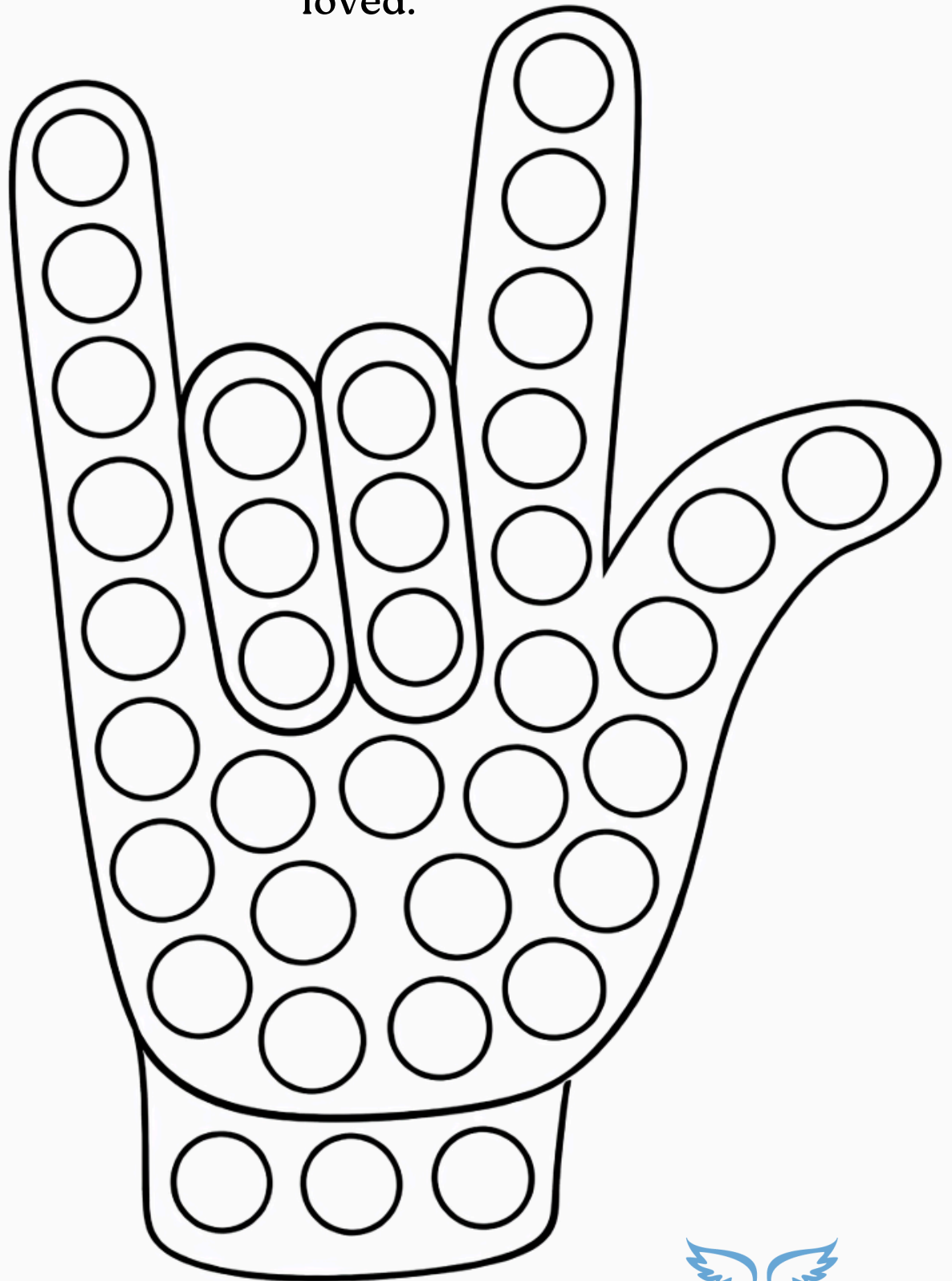
Seth loves going to music therapy
with Miss Autumn and his friend,
Jillian.



DOT MARKER ACTIVITY



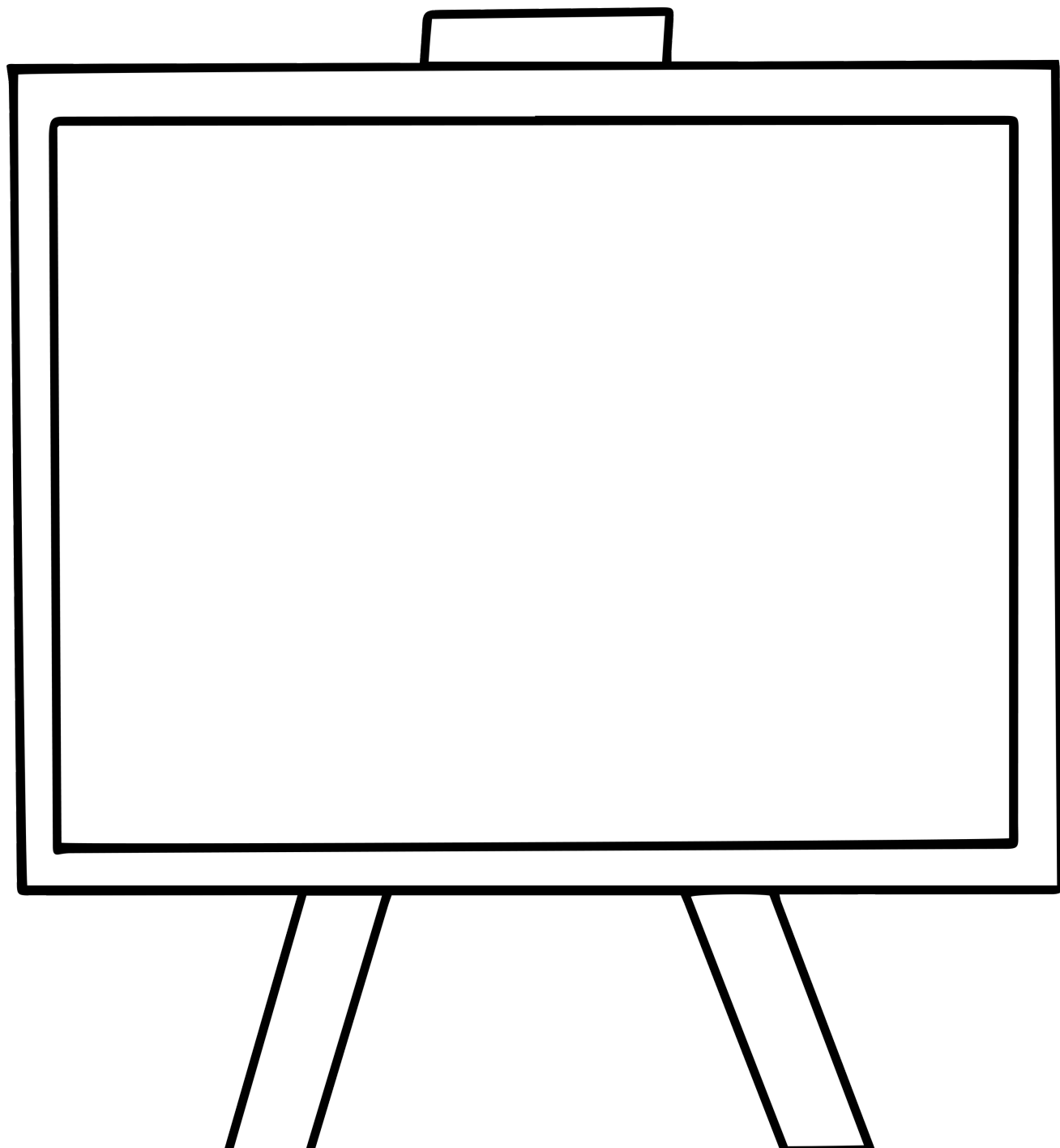
This means I LOVE YOU in American Sign Language. Don't forget that you are very loved.



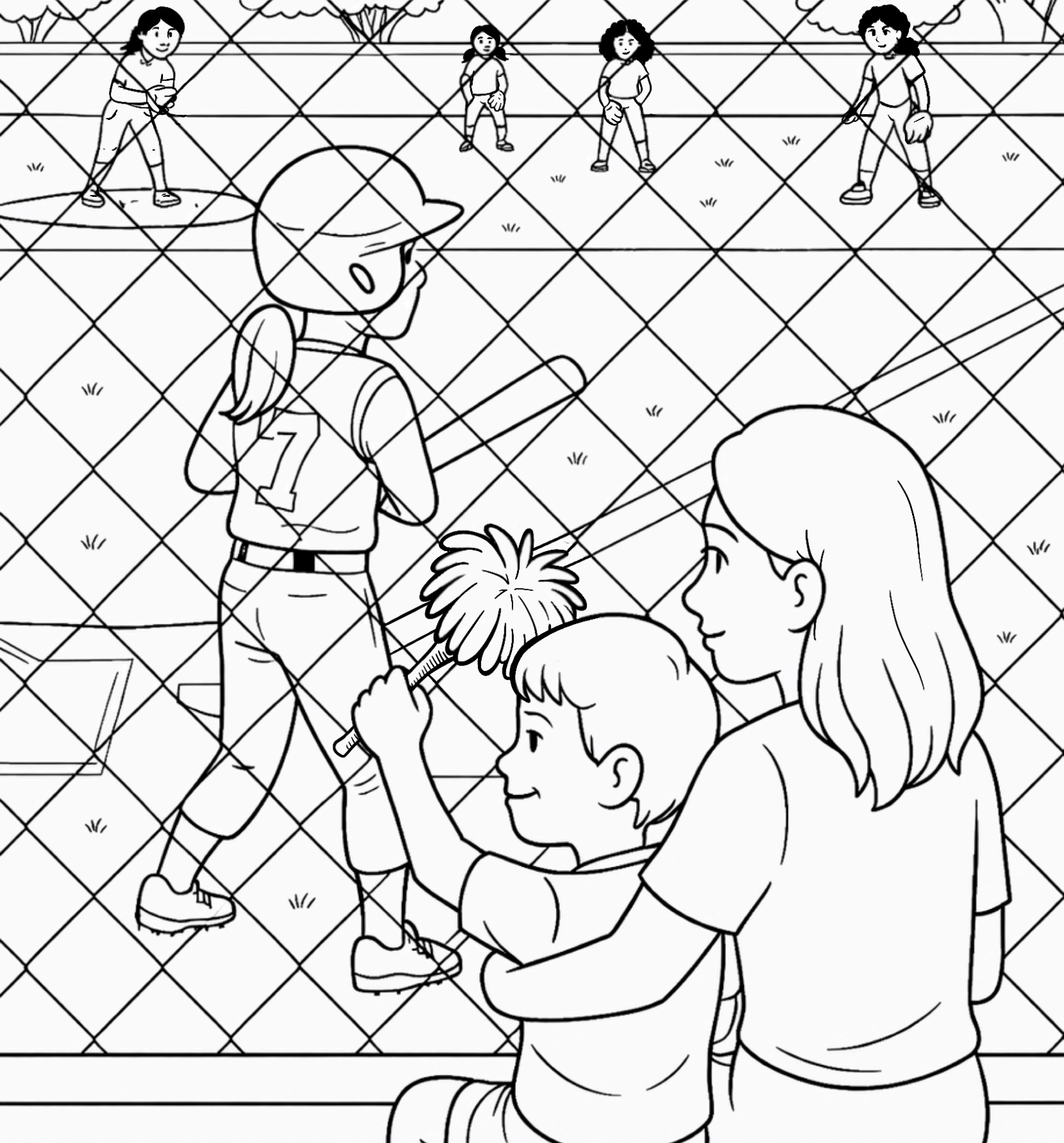


A new activity Seth's family does together is bike ride. The ASF Family Fund granted Seth an adaptive bike.

DRAW YOUR OWN PICTURE



What is one new activity you could try with your loved one with Angelman syndrome?



It is nice for Seth to show up and cheer at Victoria's games. But, sometimes he can be distracting or loud.



Hair pulling makes Victoria feel upset. She talks to Sophie about how she is feeling. It's ok to have mixed feelings about Angelman syndrome.



It can be frustrating when Seth pulls Sophie's glasses off.



I feel happy when _____.



_____ makes me feel embarrassed.



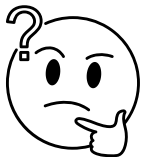
I feel loved when _____.



I feel mad because _____.



_____ makes me excited.



I feel confused about _____.



I get sad because _____.



It's really silly when _____.



Seth attends many therapies each week. Sometimes grandma drives Seth and Victoria tags along.



Mom and Dad remind Sophie and Victoria
that we should keep smiling through
hospital stays. Hospital stays are hard.

DR. ZEBRA PAPER DOLL

Color, cut, and assemble Dr. Zebra and their accessories!

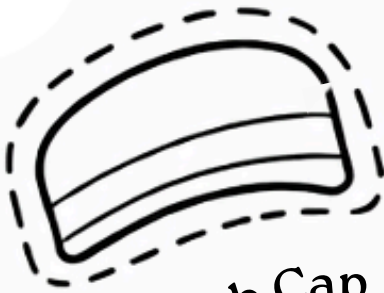


Did you know that
zebras are the
mascot of
rare diseases?

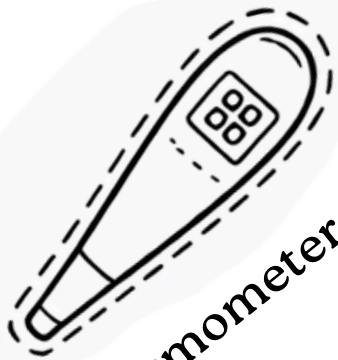
DR. ZEBRA PAPER DOLL ACCESSORIES

TRY THIS!

Sit down for a pretend interview with Dr. Zebra.
Ask questions, share ideas, and talk about doctor
visits, hospitals, and how doctors help people.



Scrub Cap



Thermometer

Medicine Cart



Balloon





Seth has a special bed that
Victoria helps zip him into. His
bed keeps him safe at night.



Seth has a hard time leaving activities he enjoys. His sisters try to cheer him up.



Every year Seth's family goes to the fair together. The fair is so much fun!





Seth participates in gym class at school with friends.



On our first plane ride, I sat in front of my brother's seat. That way if he kicked the seat it was mine and not someone who might get angry and not understand.



Seth enjoys cupcakes and parties with his friends. Seth can be messy when he eats, but that's ok. Messes can be cleaned up.

WORD SEARCH

U J L X A A N G E L M A N C W P E W O F
I H R I S R W V H F A K J O X K I A B O
W L A N F U M J X J N E C T Y Y J C E H
J P V C Q N Q F A M I L Y P C H W S D B
M O W L L I P L A Y G R O U N D H F S B
S B L U W Q U E U J X F L C N H G Y X B
I Y P D W U R E Y C Z F I T N L W U M N
B N B E X E L U C H P R L P S Z O P I R
L B I D W L K L N E K I Y R Q S V R L L
I V K H U F T D Z E R E Z G A M E S A W
N S E U L P S G U R T N W B L L S V D R
G Z M G H K K D N I D D U Z F Q D W W Z
K J O N N S A P C N I S A B A X J N B H
J S V W H E T Z B G X A D A P T V X U A
P R I H P S E H K L D A D V E N T U R E
S I E Y C H B V A Y M N J N M L R F B A
X R R N J U O V S E R V E A S Q U L D J
W M J I S M A P M D M F X W H J C R I D
X I X Z X H R K W C B I P E T E W T G X
E M O J I S D X D Y N P V S F A U W I N

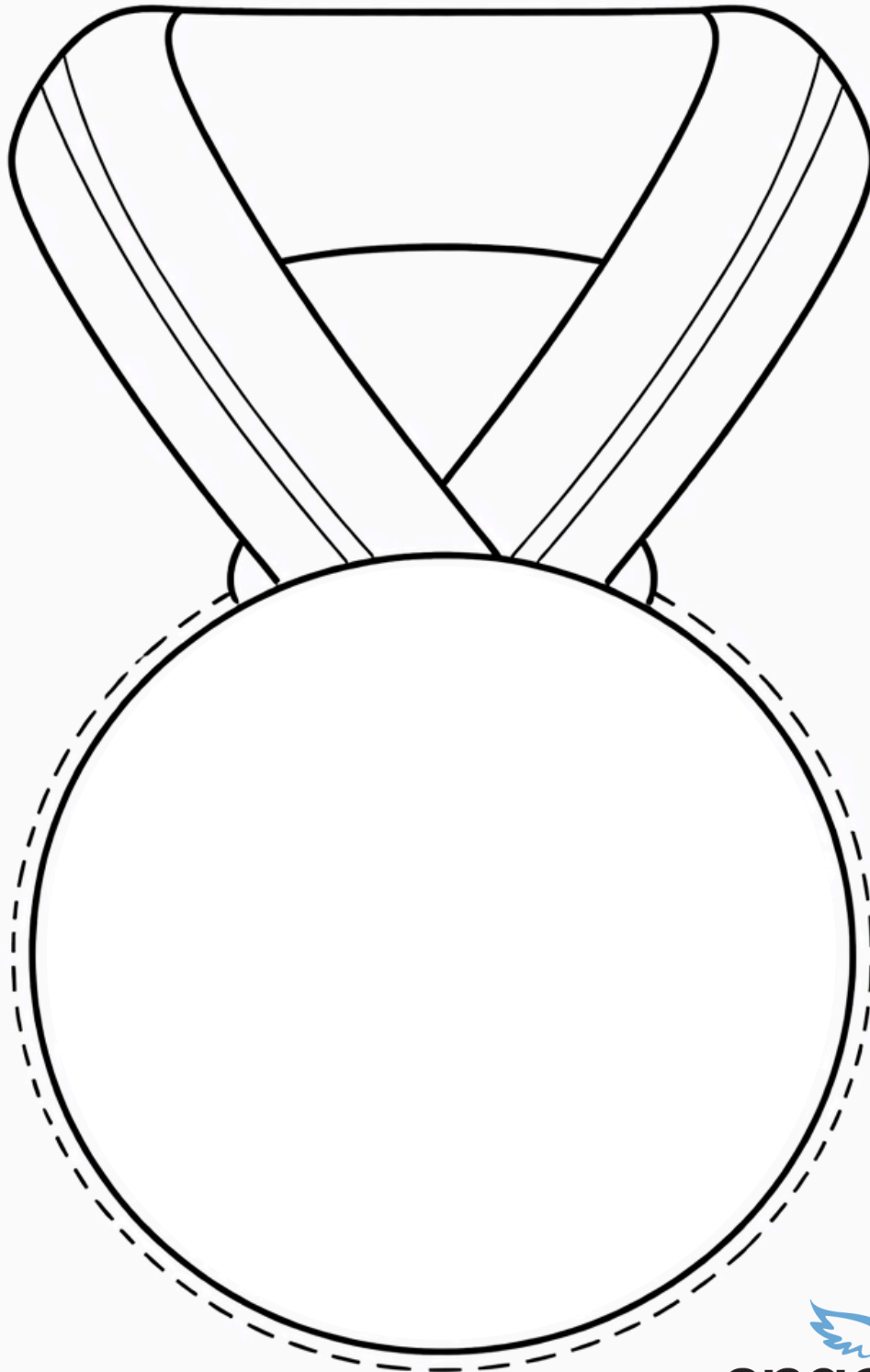
Playground
Adventure
Bike
Angelman
Cheering
Sibling

Pet
Include
Family
Unique
Hug
Emojis

Movie
Adapt
Games
Friend

SOMEONE WITH ANGELMAN SYNDROME THINKS YOU ARE SUPER!

Color and cut your own medal.
Wear it proudly!





I feel loved when I get an
Angelman hug.



angelman.org